

# BRIGHTON & HOVE AC Newsletter

**February 2020**

**NEWS AND HIGHLIGHTS \* NEWS AND HIGHLIGHTS\* NEWS AND HIGHLIGHTS\***

Latest news always appears at [www.brightonandhoveac.com](http://www.brightonandhoveac.com) and on Twitter @BrightonAthlete

**The club's AGM is taking place on Friday 28th February 2020 at 7:30pm in the Clubhouse, Withdean.**

The agenda has been posted on the [website](#).

This is a great opportunity for club members to meet the Committee and find out how they can get more involved in the Club!

For more information please contact Bob Willows:  
[bob.willows@brightonandhoveac.com](mailto:bob.willows@brightonandhoveac.com)



[Tomer Tarragano continues with his fantastic form](#) with a 9<sup>th</sup> place in the U20 men's race at the National Cross Country Champs in Nottingham.

[Kevin Moore wins a windy Brighton Half Marathon](#) In challenging conditions on Sunday, with winds up to 50mph, Kevin Moore had a superb run to win the 30th Brighton Half Marathon.

Brighton athletes had a superb day at the **Sussex 2020 Indoor Champs**. With several of four of our athletes claiming Championship best records. Well done to new record holders Stella Kalman (long jump), Elodie Bradley (60m), Seb Wallace (60m hurdles) and Massi Campbell (triple jump). The full report of the Championships can be read here:  
<https://www.sussexathletics.net/events/sussex-athletes-storm-to-success-at-sutton-despite-ciara/>





**Girls Sportshall victory!** Prior to the final Sportshall League match just half a point separated Crawley AC from Brighton and Hove girls, in what was set to be an Amazonian battle. Our girls did not disappoint. Their competition went down to the wire with final results dependant on the relays. Ultimately we triumphed by a narrow margin of just 3½ match points, winning with 880.5 to Crawley's 877 and taking the overall girls' title for the first time since 2014. The boys came third behind Crawley and Horsham but in the last match our u11 relay team set a league record in the 4x1

lap relay. Well done to all the athletes and to team manager Richard Carter.

[Glorious finale to the cross country season for the club!](#) Team golds in the Senior Men and Women's and U13 boys.

Well done to the following athletes that placed in the top 3 in their age groups for their performances over the 2019-20 cross country season:

U11 boys: George Gilbert 1st

U13 girls: Dulcie Yelling 1<sup>st</sup>

U13 boys: Thomas Matthews 3rd

U15 girls: Eadie Yelling 3<sup>rd</sup>

U17 girls: Lois Dooley 3<sup>rd</sup>

Senior women: Lydia Browns 2<sup>nd</sup>, Jade Elphick 3<sup>rd</sup>

O35 women: Freya Leman 3<sup>rd</sup>

O45 women: Linda Schofield 2<sup>nd</sup>

Senior men: William Cork 1<sup>st</sup>, James Turner 2<sup>nd</sup>

O40 men: Howard Bristow 3rd

Many of these athletes have now been selected to run for Sussex at the <https://www.sussexathletics.net/Cross-Country-Teams/>



\* UPCOMING EVENTS \* UPCOMING EVENTS \* UPCOMING EVENTS \*

**The list of the summer team managers** will appear on the website soon!

Team Managers will email out requests for entries for team events. Messages are also posted on the Facebook groups: Brighton and Hove Athletics Club and Vet runners at Brighton and Hove Athletics Club.

**22<sup>nd</sup> March, Mother's day Throws Fest, Withdean Stadium.** Timetable and entry details here  
[https://data.opentrack.run/x/2020/GBR/bhaac\\_throws/](https://data.opentrack.run/x/2020/GBR/bhaac_throws/)

**22<sup>nd</sup> March, SEAA 12 and 6 stage Road Relays,** Milton Keynes. Entries via team manager  
<http://seaa.org.uk/index.php/events/road-running>

**28<sup>th</sup> March, Crawley AC pre-season open meeting,** K2 Crawley. Enter yourself via the online form  
<http://crawleyac.net/index.php/news/crawley-ac-open-meetings-2020f>

**4<sup>th</sup> April, Sussex Road Relays,** Christ's Hospital, Horsham. Entry via team manager.

There are a number of road race leagues that club members can take part in, including The [Sussex Grand Prix](#) and [The Sussex Road Race Challenge](#).

See the Events and Fixtures page on our website for a full list of events involving Brighton and Hove AC athletes <https://brightonandhoveac.com/events-fixtures/>. For a full list of events across the county go to the Sussex Athletics fixture lists <http://www.sussexathletics.net/take-part/sussex-athletics-fixtures/> Please send in your reports and achievements for us to include in future newsletters:

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